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They were ready to walk out. But junior doctors will now work tomorrow. They won't be on the picket lines. They have not yet won this fight but they have secured a rethink on their proposed new contracts. We have received reassurances regarding a safe and fair contract and we are hopeful through negotiation we should achieve a contract safe for junior doctors, safe for patients and for the NHS. The contracts were going to be imposed in England next year. Both sides have had to give ground. We went to Acas as soon as we practically could. But I think the truth is that what would have been a big dereliction of duty would have been for the Health Secretary or government not to try to do something about the weekend effect where you have these higher mortality rates at weekends.

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Only last week we had a tragic piece of research that shows the impact on baby deaths. We have to do something about that. There is plenty of work ahead on the detail. Arbitration service Acas released a statement saying the BMA acknowledged the wish of NHS employers and the Department of Health to agree and implement a new contract without undue delay. The strike may be off but it came so late that patients in England have had appointments cancelled. The move to a 24 NHS is proving painful. For junior doctors there is a lot at stake. We are doing it because this contract will change the way health care is delivered the generations. It will damage the way patients are cared for. I feel like this is a last resort, we have no other choice.

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All three walk-outs planned for December have now been put on hold. The talks to reach a lasting agreement will resume in the New year. Five provinces in South Africa have been declared drought disaster areas. Farmers have not been able to harvest crops of the livestock. It has been put down to an ongoing heatwave and lack of rain. Infrastructure faults like leakages have also contributed to the terrible situation. 16 prisoners have been killed during a riot at a prison in quarter-mile. Officials say some were armed with AK-47 assault rifles. The jail holds 3,000

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people but has capacity for just 600. The former New Zealand cricket captain Christians has been cleared of perjury and perverting the course of justice. He was declared falsely declaring under oath he had never cheated at cricket after being found not guilty at Southwark Crown court, he said the trial had been hell for everybody involved. Jamie Oliver has joined British MPs in calling for a "sugar tax" to tackle the problem of The celebrity chef is echoing a report by the which also says advertising unhealthy foods on TV before the watershed should be banned. Katie Spencer reports. He has accused the government of dithering in the face of a major crisis. So today Jamie Oliver was in Parliament, setting out his demands. The government needs to stand up and act like parents, not politicians. His proposal for a 7p tax on each sugary drink is by no means popular. The biggest industry on the planet is the food industry.

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This concept of somehow trying to control that industry is huge. It is massive. They haven't even unleashed the beast yet. This is David and Goliath. The only thing that can save this, politically or in the business sector, is if the parents and the public think about where that pound goes. The TV chef has given his backing to a report released by the Commons health committee. It calls for a ban on junk food adverts until after the watershed. Also for a restriction on buy-one-get-one-free offers. And it says a 20% tax on full sugar drinks should be brought in. The money raised would go towards preventing childhood obesity. One in four children are now leaving primary school, from the most deprived communities, not just overweight but obese. That will affect their entire lives and life chances. It is time to get tough on this. Jamie Oliver had collected over 151,000 signatures on